# Masterclass for NNSTOY: SYLLABUS

**Facilitator:** Jonathan Juravich  
**Class Duration:** September 16-October 21

## Course title: Creative Strategies for Social and Emotional Learning

### Course description:
Social and Emotional Learning practices can be infused into all areas of education and become common practice in all classrooms and content areas. In so many ways this may simply be a reframing of the great work that is already happening in our classrooms, to support the individual needs of our students as they learn what it means to be human. Explore approaches to discussions, activities, and the proposed Ohio standards for Social and Emotional Learning through a creative lens.

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<tr>
<th>Essential Questions for the Course</th>
<th>Outcomes</th>
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| • What does it mean to have a classroom that focuses on Social and Emotional Learning?  
• How do we intentionally and creatively integrate Social and Emotional Learning into our instruction practices? | • Learn about the influence of Social and Emotional Learning on students, educators, schools, and communities.  
• Explore how to intentionally integrate Social and Emotional Learning into classroom experiences.  
• Learn how teachers from diverse content areas and contexts implement Social and Emotional Learning.  
• Become aware of the challenges associated with Social and Emotional Learning. |

### Module 1 Title:
**Self-Awareness: Guiding Students to Demonstrate a Healthy Sense of Self**

### Topic:
An Overview of Social and Emotional Learning (SEL) Research and creative strategies for building Self-Awareness

### Essential Question:
How do we foster healthy self-awareness for students?

### What You Will Learn:
Explore rationales for SEL investigations at schools and at home, that are integrated and intentional. Creative strategies for engaging students in Self-Awareness.

### Reflection Questions:
• How are you already intentionally or unintentionally engaging in SEL work in your classroom?  
• What resources do you already have access to that may be useful for SEL instruction?  
• High Standards: do we have them for our ourselves and for our students?  
• How do we foster a healthy sense of self-awareness through creative opportunities and experiences?
| Module 2 Title: Self-Management: Navigating Personal Emotions, Thoughts and Behaviors | **Additional Resources:**  
Why You Matter Self-Awareness Document  
#WhyYouMatter Website  
TED Talk  
Children’s Book List |
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<tbody>
<tr>
<td><strong>Topic:</strong> Creative Strategies that build on a sense of self and lead to Self-Management</td>
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<td><strong>Essential Question:</strong> How can classroom and school-based experiences engage students in the management of personal emotions, thoughts, and behaviors?</td>
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<td><strong>What You Will Learn:</strong> Creative strategies for exploring and regulating personal emotions, thoughts, and behaviors. The potential for school-wide programming to support the needs of all students.</td>
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| **Reflection Questions:**  
- How does having a knowledge of one’s strengths and challenges lead to investigations in self-management?  
- How do we create opportunities for students to navigate their own emotions?  
- How do we set expectations for students that support their individual needs and motivations?  
- How do school and community-wide efforts support healthy management of personal reactions and behaviors? |
| **Additional Resources:** Tree Traits Matrix  
Tree Traits coloring book  
Children’s Book List |
| Module 3 Title: Social Awareness: Consider Diverse Perspectives and Contexts, to Empathize with Others | **Topic:** Creative strategies for building social awareness in our students. |
| **Essential Question:** How can creative experiences engage us and our students in building an awareness and appreciation of others? |
| **What You Will Learn:** Creative strategies to engage students in an exploration of Social Awareness that gets them to consider diverse perspectives and contexts that lead to actions of empathy. |
| Module 4 Title: Relationship Skills | Reflection Questions:  
- How do we create opportunities for students to investigate diverse perspectives, backgrounds, and cultures?  
- How do we effectively define and model empathy for students?  
- How do we engage students to consider inclusive thoughts and behaviors?  

Additional Resources:  
TED Talk  
Children’s Book List |
|---|---|
| Module 5 Title: Responsible Decision-Making: Thinking Critically, Curiously, and Impactfully | Topic:  
Creative strategies for building responsible decision-making in our students.  
Reinforcing the importance and benefits of SEL in various settings.  

Essential Question:  
How do we provide opportunities for students to think critically and curiously about impactful decisions?  

What You Will Learn:  
Creative strategies for engaging students in a critical analysis of the impact |
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