So, You Want to Engage Middle School Students in Thinking About STEM Careers?

Anyone who has spent time with middle school students can understand that they are beginning to figure out who they are at that stage and where they want to go on the pathway of life. They are a beautiful mix of elementary school curiosity and wonder, combined with high school passion and energetic thoughtfulness. With this blossoming sophistication and enthusiasm comes an emerging interest in college and career aspirations. Which is a very beneficial time to have conversations about career opportunities, specifically those in the realm of Science, Technology, Engineering and Math (STEM).

STEM Career Exploration

STEM career exploration must be an iterative process that begins with our youngest learners and occurs over many years, in many different ways. Middle school students should be given the opportunity to begin exploring STEM career possibilities as they look ahead to their futures. Voya STEM Fellows recognize the importance of bringing STEM professionals into the classroom and have found value in helping students step outside of the classroom into STEM career spaces. To benefit the increased level of curiosity among students, educators are encouraged to learn how to advocate for the importance of exposure to STEM careers in all classrooms, for all students.

Benefits of STEM Professionals

Great STEM professionals can help middle school students find a sense of awe in exploring future career pathways. It is the responsibility of STEM educators to provide students with a range of experiences and unique possibilities that reach beyond the more traditional STEM career professions including doctors, scientists, engineers, or mechanics.

Interactions with STEM professionals can help students uncover passions and spark interests by:

- Taking advantage of the fact that middle school students are young enough to be fascinated by novelty and uniqueness.
- Helping students keep their career pathways open, increasing possibilities for those students as they make future course selections, college choices, and majors and careers that may be unrealistic.
- Helping middle school students develop STEM mindsets, and encouraging a focus on their particular interests and competencies.
This guide is designed to help educators bridge the gap between STEM careers and educational spaces and provides educators with the tricks and tools they need to facilitate STEM career learning experiences for their students.

### Planning for STEM Career Exposure Success

How can educators prepare their students and their visiting STEM professionals to get the most out of a STEM career presentation? What types of activities should educators think about? What will get middle school students excited about interacting with the STEM world?

The tips below will help educators encourage, and better prepare students to explore STEM careers:

#### Selecting speakers

Representation matters - students need to see successful professionals who look like them and come from similar backgrounds to be able to consider possible particular career paths. While sharing stories about notable women and persons of color in STEM (e.g., “Not the Science Type,” If/Then She Can) can be helpful, bringing in professionals from diverse backgrounds to speak with students can have a far greater impact. Great resources for finding STEM presenters that represent diversity in STEM careers include Skype a Scientist and the WISE program from Texas A&M. Sometimes making cold calls to local professionals can net incredible presentation possibilities. Educators should check with their state science teachers’ association as well as any STEM action centers that have been established in their state to see if they have mentorship or speaking lists already established.

#### Preparing speakers

Working with the STEM professionals in advance to establish rapport is essential—while many professionals are excited about making connections with middle school classrooms, not all are sure how to find an appropriate entry point. Part of establishing rapport with speakers includes checking on possible technology needs for the presentation, as well as working with possible time zone differences. Preparing students for guests in the classroom, in-person, or virtually, can be a great way to build excitement for the STEM experience. Encourage students to share their curiosities and wonders to determine which career fields they may be most interested in. Work with the students ahead of time to take on a role as part of the presentation. Middle school students are very capable of serving as a greeter, time manager for the speaker, or helping as a question prompter to keep the presentation flowing smoothly. Students can spend time in the days leading up to the presentation practicing video and chat etiquette and generating some questions that they might want to ask the presenter.

STEM professionals could benefit from your support to make connections. Encourage the presenters to provide a list of vocabulary words in advance that are specific to their career to help students expand their understanding of STEM fields. This could include words that are cognates of terms that students are already familiar with to build connections to prior knowledge and to increase student
comfort levels with that STEM discipline. Another great idea is to ask the speaker to prepare a visual display of artifacts or images that can engage students during the presentation.

Help the STEM professional to host an engaging activity or conduct an interesting scientific phenomena for the students. Don’t be afraid to invite the speaker to bring a little workplace swag with them because students love hands-on connections to learning. Remind the speaker that it is okay to share personal stories, passions, and career pathways with the students to help make the experience more relatable and authentic. This might include helping the STEM professional understand more about the culture of the students they will be meeting. Start small with a meaningful experience and build from that. One well-planned, powerful experience is much better than several ‘easy gets’.

**Supporting speakers**

Educators play an important role in helping to ensure STEM career presentation is impactful. On the day of the big event, build time and space into the presentation for the STEM professional to make connections with the classroom culture. Just like any other day in a middle school classroom, the educator will need to be prepared to be in multiple places at once to fill several supporting roles. Move around the room while the speaker is talking to help the students to stay focused and engaged, but also be aware of any technological needs of the speaker, either in person or virtually, that might require some management. Using a pad of sticky notes to plant some questions with students around the classroom can help them to focus on important information that the STEM professional shared during their talk.

Middle school students are at an age where they are starting to explore social relationships and boundaries, so guest speakers become a perfect practice ground for social interactions. Showcasing their attentive and active listening skills during the presentation will help students engage in more authentic career conversations. Sticky notes, white boards, and even virtual bulletin boards are a great place for students to jot down their questions and observations during a presentation so that they are prepared for Q&A at the end of the speaker’s presentation.

Encourage students to use their previous knowledge and any prior research they may have completed to help make connections between themselves and the STEM professional. Expressing gratitude for the speaker does not have to wait until after the presentation or until after they have left your classroom. Think about having students use nonverbal communication skills like body language and finger snapping as a way to connect with the STEM professional.

**Honoring the Collaboration and Keeping the Connection**

After-care is a critical step in any STEM career presentation. Schools and educational spaces are often busy and overscheduled so it is easy to overlook the types of follow-up activities that can really enhance a STEM professional’s visit to your classroom. Share the good news about the STEM presentation on your school’s social media platforms and, if school policy allows for it, include pictures of the students and the speaker together. Encourage students to create content for the school website or social media accounts so that student voice is part of the process. Give the STEM professional some school swag and help them feel like they are a valued member of the educational community so that the partnership can be an ongoing one. Create opportunities for the presentation content to be a part of cross-curricular conversations by sharing the experience at staff meetings, and in professional learning communities, and by including school administrators in the feedback loop.

Research indicates that middle school students retain and connect better with information when they have multiple touch points with that information. Students can complete reflections or exit tickets
immediately after the STEM career experience to provide feedback on the interaction. Technology helps students share takeaways in a quick and engaging manner. Creating a **Flipgrid** or a **Padlet** to have ready at the end of the presentation is a great idea. A low-tech alternative is to have them fill in a “**tweet sheet**” before the speaker leaves and share their thoughts in 280 characters plus a hashtag.

Middle school students love to be creative and have ownership over their learning. Have them create **doodle notes**, **sketchnotes**, or **Google doodle** with **this template** (or code a doodle) to represent their new understanding, helping them make connections between themselves and the STEM possibilities that were shared with them. Since middle school students are exploring social relationships, handwritten “thank you” notes to the STEM professional are a great way to help them work on social competencies. Encourage the students to share this experience with their family and friends when they get home.

Setting the stage for a continued collaborative relationship with STEM professionals includes providing feedback to them about how the presentation was received, as well as motivating them to consider being a part of future interactions with students. In a reciprocal partnership, educators can help the STEM professional to network with other educators and the STEM professional can help put the educator in touch with other potential STEM presenters.

Encourage the speaker to leave contact information for the students to reach out with questions since this can set up an authentic mentoring relationship for those students as they move into high school and the workforce. Create a STEM classroom version of LinkedIn for networking purposes to get the most out of these professional connections.

The information in this guide is structured to support all educators and students in their STEM career journey by connecting classrooms with professionals. Providing exposure to a variety of STEM career possibilities can inspire the next generation of problem solvers who have the skills to address the challenges of tomorrow. For more great ideas and additional support, be sure to view the elementary and high school STEM Career Engagement Guides.